

COMMITTEE OF THE WHOLE – MAY 31, 2011

PROCLAMATION OF JUNE AS RECREATION AND PARKS MONTH

Recommendation

The Commissioner of Community Services and the Director of Recreation and Culture, recommend:

- 1) That Council proclaim the month of June as “Recreation and Parks Month” in the City of Vaughan; and
- 2) That the Schedule of Activities for Recreation and Parks Month (Attachment 1), outlining the activities and events scheduled to be held throughout the City of Vaughan in June, be received.

Contribution to Sustainability

This report is consistent with the priorities previously set by Council in the Green Directions, Vaughan, Community Sustainability Environmental Master Plan, Goal 4, Objective 4.1:

- To foster a city with strong social cohesion, an engaging arts scene, and a clear sense of its culture and heritage.

- 4.1.1 Develop an implementation plan for the initiatives described in the City’s Active Together Master Plan through a phased and budgeted program.

Economic Impact

Funding for the activities and events indicated in this report has been incorporated into the 2011 Recreation and Culture base operating budget.

Communications Plan

The proclamation of June as Recreation and Parks Month, including the “Recreation and Parks Month” activity calendar will be posted on the City website, in community centres, and at Vaughan Public Libraries. It will also be distributed to elementary and secondary schools in Vaughan. Outreach to community groups, cultural organizations and businesses will take place via poster distribution, a news release and social media.

Purpose

The purpose of this report is to request that Council proclaim the month of June as “Recreation and Parks Month” and to present an overview of the activities and events (Attachment 1) to be held in June across the City of Vaughan that will provide citizens with opportunities to be physically active.

Background - Analysis and Options

The City of Vaughan in its strategic plan, Vaughan Vision 2020, is committed to Service Excellence through enhancing and ensuring community safety, health and wellness. The Active Together initiatives, such as proclaiming June as Recreation and Parks Month, will help achieve the objective of community health and wellness.

The City of Vaughan believes the development of a more physically active community enhances the quality of life of its residents, that physical activity levels are a critical economic,

environmental, health and social issue for the community and that participation in physical activity is a key requirement for individual physical and mental health and well-being. Research shows that strategies involving physical activity and recreation appear particularly promising in minimizing or removing risk factors faced by many children and youth. Participation in recreation activities can provide positive benefits related to psychological health, physical health, familial interaction, peer influence, academic performance, community development and other lifestyle behaviours.

June as Recreation and Parks Month (JRPM) was first proclaimed in 2005 by Parks and Recreation Ontario, the Ontario Parks Association, and the Ontario Recreation Facilities Association. JRPM was created to draw attention to the value of recreation and to encourage people to get out there and *live it everyday!* Minister Jim Watson, of the Ministry of Health Promotion, first declared "June as Recreation and Parks Month" for Ontario on June 6, 2006 in the Ontario Legislature. Vaughan first proclaimed the month of June as "Recreation and Parks Month" in 2009.

Recreation and parks opportunities are essential for strengthening and maintaining a healthy community. Positive impacts are evident throughout the community. Recreation brings neighbors together, encourages safer, cleaner neighborhoods and creates a livelier community atmosphere.

In 2011, the Recreation and Culture Department will celebrate June as Recreation and Parks Month from June 1 – June 30, 2011. Many activities are scheduled throughout the community, including:

- Tai Chi in the Park
- 2-ball and 3-point basketball competitions
- Soccer Tournament & Competitions
- Family Badminton
- Walk and Talk
- Power Walk
- Family Zumba
- Family Boot Camp
- Fitness Swimmer Clinic
- Youth Ball Hockey
- Serve for Kids Beach Volleyball Tournament
- Monkeynastix
- Salsa Aquafit
- Waterpolo
- Hustle & Swing
- Drumfit

Relationship to Vaughan Vision 2020/Strategic Plan

In consideration of the strategic priorities related to Vaughan Vision 2020, the report will provide:

- STRATEGIC GOAL:
Pursue Excellence in Service Delivery; and Enhance and Ensure Community Safety, Health and Wellness – To deliver high quality services and promote health and wellness through program development and increased awareness.

This report is consistent with the priorities previously set by Council and the necessary resources have been allocated and approved.

Regional Implications

There are no regional implications.

Conclusion

The City of Vaughan is taking a proactive approach to improve the health and active lifestyles of its citizens by proclaiming June as Recreation and Parks Month and by providing a month of physical activity opportunities throughout Vaughan. As an initiative of the Physical Activity Strategy of the “Active Together” Master Plan for Parks, Recreation, Culture and Libraries, Recreation and Parks Month will help achieve the objective of improving community health and wellness.

Attachments

1. Schedule of Activities for Recreation and Parks Month – June 2011

Report Prepared By

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Paul Compton, Area Recreation Manager, ext. 8358
Heather Kaufmann, Active Living Coordinator, ext. 7438

Respectfully submitted,

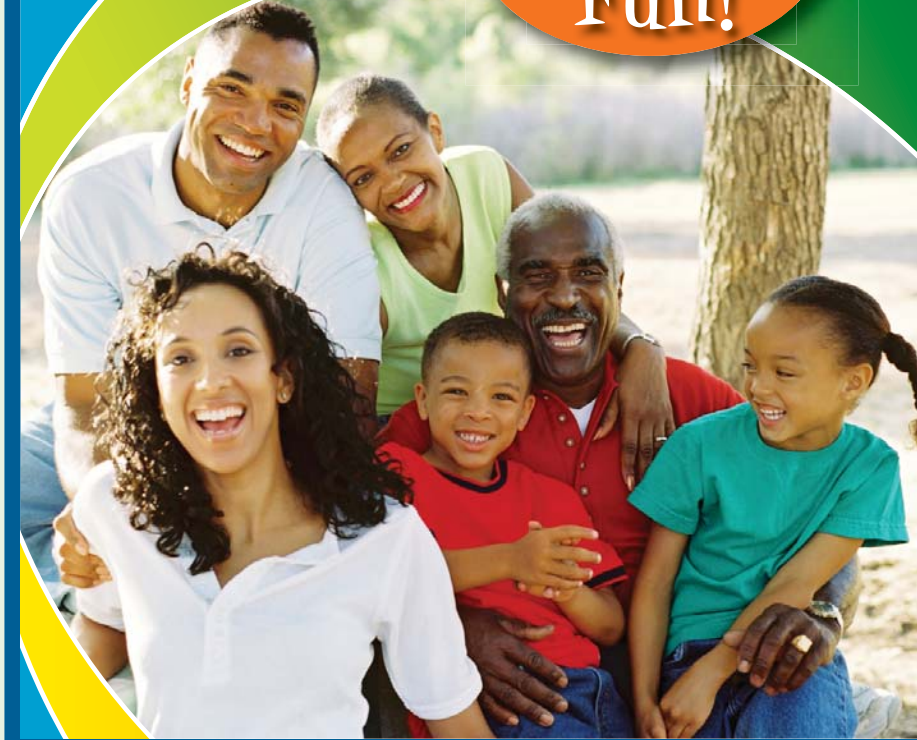
Marlon Kallideen
Commissioner of Community Services



JUNE 2011 is...

RECREATION AND PARKS MONTH

Family Fun!



FREE ACTIVITIES!

vaughan.ca | 905.832.8500

All outdoor activities run weather permitting.
Please wear comfortable clothing and proper footwear.

3-POINT BASKETBALL COMPETITION

10-17 years

Score as many baskets as you can in 45 seconds from five different areas on the court!

AQUAFIT

14 years+

A low impact water exercise that's like exercising with weights or machines on land, only safer! Prerequisite: Red Cross Swim Level 5 or Adult B.

BASKETBALL SKILLS AND DRILLS

COMPETITION

10-17 years

Show off those basketball skills for the fun of it... and for the prizes! Register with staff upon arrival.

CRAFTY CORNER

6-9 years

A creative 'corner' where artists-in-the-making create a new craft or special keepsake.

DRUMFIT

Children & Youth: 7-9 years Adult: 18 years+

A fast-paced fitness program that combines music, dance, rhythm and learning - guaranteed to leave you breathless and begging for more!

FAMILY BOOT CAMP

5 years+

Parents and children get active together through strength, circuit and agility training, obstacle courses, core stability, power drills and more.

FAMILY ZUMBA

10 years+

Working out shouldn't be boring! Get fit dancing the Cha-Cha, Mambo, Calypso, and belly dance.

FITNESS SWIMMER CLINIC

8-13 years

Improve your overall physical fitness through interval training, sprints and distances swims.

FITNESS GUEST DAY

14 years+

Fitness members are invited to bring a guest to try the centre's facilities for free.

FAMILY INDOOR SPORTS

All Ages

Aspiring athletes can practice their sports skills or play a game of pick-up basketball or volleyball.

FITNESS 60+

60 years+

Cardio exercises including low impact aerobics and muscle conditioning using resistance bands, relaxation and flexibility.

HUSTLE AND SWING

18 years+

With its quick spins and fast tempo, get fit doing the Hustle to disco, rhythm and blues, and contemporary music. Then have fun learning how to swing dance to jazz, ragtime, and hip hop!

INTRO TO BALLET

3-4 years

Toddlers who are light on their feet have fun learning ballet poses, steps, turns and leaps!

MONKEYNASTIX

Parent and Child

Children are born to move! They'll have fun warming-up to a Monkeynastix song, followed by stretching, locomotion, and working with specialized fitness equipment.

"NINE LIVES" POOL TOURNAMENT

10-17 years
Every time your balls get sunk you lose a life - when you lose 9 lives you are out of the game. Last person in the game is the winner.

PARENT & CHILD BADMINTON

All Ages

Practice your badminton skills then put them to the test during organized badminton games. Note: Badminton equipment provided.

PLAYFUN

1½ - 4 years

Preschoolers explore kindergym equipment and toys, and take part in parachute fun. Parents participate.

POWER WALK

14 years+

Enjoy the fresh air, chatter and laughter of a brisk 5km power walk with friends. Don't have a baby-sitter? No problem! Bring your infant and stroller.

POWER WALK TO BOYD PARK

All Ages

Gear up for a hike through scenic Boyd Park, guided by our friendly fitness staff. Meet in the lobby of Al Palladini Community Centre.

ROLLER BLADE WITH A BUDDY

10 years+

It's like ice skating, only without the ice! Roller blade around the arena to your favourite tunes. Note: Participants must bring their own roller blades and a CSA approved helmet. Other safety equipment highly recommended.

SALSA AQUAFIT

14 years+

A low impact cardio workout (set to salsa music!) that's like exercising with weights or machines on land, only safer! Max. 30 participants.

'SERVE FOR KIDS'

VOLLEYBALL TOURNAMENT

18 years+

Create a team for recreational 6's - registration forms are available at any Vaughan community centre. Fee: \$125 per team (all proceeds go to RecAssist). Contact Ajay Sharma at ajay.sharma@vaughan.ca or call 905-832-2281 x7504.

SOCCER PENALTY SHOT

COMPETITION

10 years+

You get one (penalty) shot! Soccer players who score move on to the next round until a champion remains.

SOCCER TOURNAMENT

13-17 years

Bend it like a pro during a few friendly soccer games with friends.

SPARE TIME BOWLING

All Ages

Let the good times roll at Maple Community Centre's glow in the dark, 4-lane, 5-pin bowling alley.

STROLLER FIT IN THE PARK

2-18 months

New moms get fit doing muscle strengthening, toning and stretching exercises with/around their baby's stroller. Infants are kept entertained with songs, bubbles, parachute fun and more!

SWIM EXPLOSION

All Ages

Cool off during a recreational swim packed with fun water games.

TAI-CHI IN THE PARK

18 years+

In a tranquil atmosphere, relieve stress with Tai Chi Chuan - the discipline of highly specialized, gentle stretching and slow body movements.

PROGRESSIVE TENNIS CLINIC

Pre-registration required

Adult: 16+ (Code: 179935)

Parent and Child: 6-9 years (Code: 179937)

Beginner players enjoy rallies using modified tennis balls, nets and courts. Note: Participants are responsible for bringing their own racquets.

THORNHILL OUTDOOR POOL OPENS

All Ages

Celebrate summer with a splash! Take a dip or challenge yourself to the many swimming races, diving games and competitions.

VAUGHAN MILLS HEALTHY STRIDES

WALKING CLUB

All Ages

Join Healthy Strides, the Vaughan Mills walking club which features fitness classes and health workshops. Log your laps to earn exciting rewards.

WALK & TALK

60 years+

Walk and talk with other Vaughan seniors during an invigorating stroll around the neighborhood, followed by a muscle conditioning workout. Contact Laura Burgess-Klein at 905-832-2377 ext. 7411 to reserve your spot.

WATER POLO

All Ages

Compete in a deep water polo match where players pass to teammates while being defended by their opponents, and try to shoot the ball in the opposing net.

YOUTH BALL HOCKEY

13-17 years

Bring your stick, hockey gloves, and get ready to play the good ol' game!

YOUTH ROLLER BLADE

13-17 years

It's like ice skating, only without the ice! Roller blade around the arena to your favourite tunes. Note: Participants must bring their own roller blades and CSA approved helmet. Other safety equipment is highly recommended.



CITY OF VAUGHAN COMMUNITY CENTRES (CC) & SATELLITE LOCATIONS

AL PALLADINI CC

9201 Islington Avenue Woodbridge, ON L4L 1A7 ☎: 905.832.8564

CHANCELLOR CC

350 Ansley Grove Road Woodbridge, ON L4L 5C9 ☎: 905.832.8620

DUFFERIN CLARK CC

1441 Clark Avenue West Concord, ON L4J 7R4 ☎: 905.832.8554

FATHER ERMANNIO BULFON CC

8141 Martin Grove Road Woodbridge, ON L4L 3W9 ☎: 905.879.8732

GARNET A. WILLIAMS CC

501 Clark Avenue West Thornhill, ON L4J 4E5 ☎: 905.832.8552

HILLSIDE PARK

549 Vellore Park Ave., Woodbridge, ON

JACK PINE PARK

61 Petticoat Rd., Maple, ON

MAPLE CC

10190 Keele Street Maple, ON L6A 1R7 ☎: 905.832.2377

NORTH THORNHILL CC

300 Pleasant Ridge Avenue Thornhill, ON L4J 9B3 ☎: 905.832.8540

ROSEMOUNT CC

1000 New Westminster Drive Thornhill, ON L4J 8G3 ☎: 905.709.4597

SONOMA HEIGHTS PARK

100 sunset Ridge Woodbridge, ON ☎: 905.832.8564

SPORTS VILLAGE

2600 Rutherford Road Maple, ON ☎: 905.738.7574

THORNHILL OUTDOOR POOL

(JUN 25-SEP 5)

28 Centre Street Thornhill, ON ☎: 905.881.2969

VELLORE VILLAGE CC

1 Villa Royale Avenue Woodbridge, ON L4H 2Z7 ☎: 905.832.8544

WOODBIDGE MEMORIAL POOL & ARENA

5020 Highway 7 Woodbridge, ON L4L 1T1 ☎: 905.832.8576

VAUGHAN MILLS

1 Bass Pro Mills Drive Vaughan, ON L4K 5W4 ☎: 905.879.2110

JUNE 2011...is Recreation and Parks Month!

Recreation & Parks Month Hotline: 905.832.8500



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>June is Recreation and Parks Month www.recandparksmoonth.ca</p>			<p>1 TAI CHI IN THE PARK Chancellor CC 10:00-11:00am</p> <p>AQUAFIT Chancellor CC 8:15-9:00pm</p> <p>JACK PINE PARK OPENING 61 Petticoat Rd..... 6:00pm</p>	<p>2 TAI CHI IN THE PARK Garnet A. Williams CC.....1-2pm</p> <p>PLAYFUN Garnet A. Williams CC.....9:30-11am</p> <p>ROLLER BLADE WITH A BUDDY Rosemount CC..... 12:30 - 2:00pm</p>	<p>3 THREE POINT BASKETBALL COMPETITION Father E. Bulfon CC4:00-6:00pm</p> <p>FITNESS 60+ Chancellor CC.....1:00-2:00pm</p>	<p>4 FAMILY BOOT CAMP Al Palladini CC10:15-11:15am</p> <p>SWIM EXPLOSION Chancellor CC.....1:00-3:00pm</p>
<p>5 PROGRESSIVE TENNIS CLINICS North Thornhill CC Adult 9:00-10:00am Parent/Child 10:00-11:00am</p>	<p>6 INTRO TO BALLET Garnet A. Williams CC1:30-2:15pm</p> <p>FITNESS SWIMMER CLINIC Vellore Village CC..... 8:00-8:45pm</p>	<p>7 SOCCER PENALTY SHOT COMPETITION Father E. Bulfon CC4:00-6:00pm</p> <p>BADMINTON: PARENT & CHILD Dufferin Clark CC..... 6:00-7:00pm</p>	<p>8 SKILLS & DRILLS COMPETITION Maple CC3:00-6:00pm</p> <p>FAMILY INDOOR SPORTS Dufferin Clark CC..... 5:00-7:00pm</p>	<p>9 WALK & TALK Maple CC 8:45-10:15am</p> <p>FAMILY ZUMBA Maple CC 7:15-8:15pm</p>	<p>10 SWIM EXPLOSION Chancellor CC..... 5:30-8:00pm</p> <p>YOUTH BALL HOCKEY Rosemount CC..... 4:00-5:30pm</p>	<p>11 'SERVE FOR KIDS' BEACH VOLLEYBALL TOURNAMENT Sports Village 11:00am</p>
<p>12 MONKEYNASTIX Vellore Village CC 1-4 years..... 11:30am-12:15pm 5-8 years 12:30-1:15pm</p> <p>WATER POLO Dufferin Clark CC.....3:00-4:00pm</p>	<p>13 STROLLER FIT IN THE PARK Vellore Village CC.....9:30-10:30am</p> <p>CRAFTY CORNER Dufferin Clark CC..... 11:30am-1pm</p> <p>FITNESS GUEST DAY Garnet A. Williams CC</p>	<p>14 SOCCER TOURNAMENT North Thornhill CC 3:30-6:00pm</p> <p>"NINE LIVES" POOL TOURNAMENT Father E. Bulfon CC 5:00-7:00pm</p>	<p>15 FITNESS GUEST DAY Father Ermanno Bulfon CC</p> <p>FAMILY POWER WALK TO BOYD PARK Al Palladini CC 9:15am</p> <p>TAI CHI IN THE PARK Sonoma Heights Park 11am-12pm</p> <p>HILLSIDE PARK OPENING 549 Vellore Park Ave 6:00pm</p>	<p>16 SALSA AQUAFIT Al Palladini CC 8:00-8:45pm</p> <p>FITNESS GUEST DAY North Thornhill CC</p>	<p>17 SWIM EXPLOSION INTO SUMMER Maple CC 7:45-9:15pm</p> <p>YOUTH ROLLER BLADE Rosemount CC..... 12:00-2:00pm</p>	<p>18 MONKEYNASTIX Rosemount CC 1-4 years..... 11:00am-11:45am 5-8 years 12:30-1:15pm</p> <p>SWIM EXPLOSION Garnet A. Williams CC1:30-3:30pm</p>
<p>19 FITNESS GUEST DAY Al Palladini CC</p> <p>SWIM EXPLOSION North Thornhill CC 1:00-3:00pm</p>	<p>20 FAMILY ZUMBA Al Palladini CC 9:00-10:00am</p> <p>POWER WALK Maple CC 7:00-8:00pm</p>	<p>21 DRUMFIT: ADULT Garnet A. Williams Community Centre 9:15-10:15am</p>	<p>22 3-POINT CHALLENGE North Thornhill CC 3:30-6:00pm</p> <p>WATER POLO Father E. Bulfon CC 8:00-9:30pm</p>	<p>23 SWIM EXPLOSION Vellore Village CC..... 6:00-7:30pm</p> <p>HUSTLE & SWING Vellore Village CC.....8:00-9:00pm</p>	<p>24 JOIN THE VAUGHAN MILLS HEALTHY STRIDES WALKING CLUB</p>	<p>25 THORNHILL OUTDOOR POOL OPENS FOR THE SUMMER 11:00am-7:00pm</p>
<p>26 SWIM EXPLOSION Dufferin Clark CC.....1:30-2:30pm</p>	<p>27 SPARE TIME BOWLING Maple CC 6:30-9:30pm</p>	<p>28 POWER WALK Father E. Bulfon CC 9:30-10:30am</p> <p>FITNESS GUEST DAY Maple CC</p>	<p>29 DRUMFIT: CHILDREN & YOUTH North Thornhill CC3:30-4:30pm</p>	<p>30 ACTIVE DESTINATION SWIM PROGRAM BEGINS! Swim across Canada at your local pool. Pick up a flyer at any City of Vaughan Community Centre.</p>	<p>Register NOW... Don't miss out on your favourite camp! Sessions begin July 4, 2011. Register online at: RecEnrollVaughan.ca</p>	<p>CAMPS FOR AGES 3-16 preschool • sports visual & performing arts recreational • leadership science & computer outdoor adventure special needs • specialty</p>

*UNLESS OTHERWISE NOTED